

Main Courses

Filo Pastry Parcel

Filled with Baby Leaf Spinach, Feta Cheese & Roasted Red Peppers with a dill sauce

8oz Sirloin Steak served with:

(Additional £1.50)

Peppercorn Sauce or

Oven Roast Cherry Tomatoes & Wild Mushrooms

Pan Seared Chicken

With a Creamy Sherry and Prawn Sauce

Grilled Salmon with Basil Pesto Sauce

Served on Asparagus Spears

Caribbean Vegetable Curry with Rice &

Gungo peas

Mixed Vegetables in Traditional Herbs & Spices

Pan Seared Duck Breast

With a Redcurrant and Red Wine Sauce

Caribbean Curry Goat with Rice & Gungo

Peas

Slow cooked & delicately flavoured with Blue

Mountain Herbs & Spices

As our dishes are cooked to order we will endeavour to accommodate requests where possible should you have particular dietary requirements. Although every care is taken some dishes may contain nuts or bones.